

No news isn't necessarily good news

Regional experience of Exception Reporting by trainees

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Introduction

- As part of a wider piece of work looking into the "8 High Impact Interventions to Improve the Working Lives of Junior Doctors" report, we gathered data on trainees' experience of staying late and exception reporting.
- The Exception Reporting system of hours monitoring was introduced with the UK Junior Doctor contract changes in 2016, replacing the previous system of a single short period of hours monitoring once each post. It is designed to allow doctors to report concerns that compromise their safety or training, to allow trusts to remedy the issues in a timely fashion.

Methods

- A voluntary questionnaire was designed and circulated to trainees both online and on paper from December 2018-March 2019.
- Responses were received from 143/306 (47%) of trainees.

Results

Reasons cited for not reporting include:

Occurs too commonly
Self-blame for staying late
No system in place
Educational indications
Its rare
Pointless
No log on
Its less than 30 minutes
Clinical indication to stay late
Time consuming
Worried about perceptions
Its less than an hour
Expect to stay late in this job
Don't know how
Culture
I intend to

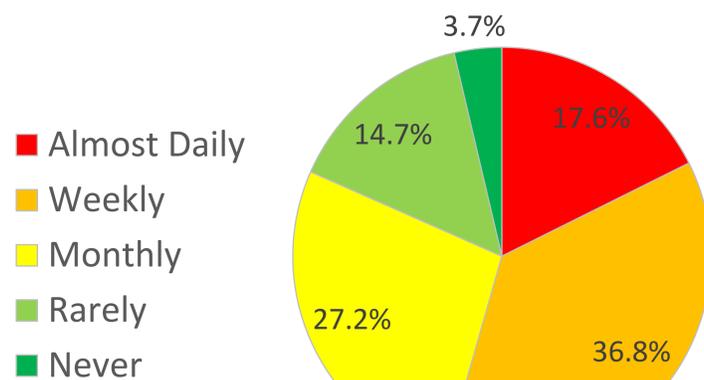
Conclusions

- Based on our regional data, it is likely that exception reports submitted to trusts are only part of the picture regarding trainees working over scheduled hours. Trainees do not complete exception reports for a range of reasons as cited above.
- The process of exception reporting should be reviewed and culture surrounding it explored if it is to be an accurate reflection of activity. This would hopefully lead to an increase in trainees' confidence in the system and improved engagement, to facilitate its role as a tool for safe working. Regionally, this data has been fed back to RCPCH tutors to explore how they can support trainees and trusts in taking this important work forward.

Moving Forwards

- Since this piece of work a piece of multi-site quality improvement work has been done, successfully increasing reporting and improving attitudes towards the system.
- Our Head of School of Paediatrics is also championing this and documentation is being circulated to departments and clinical supervisors to help improve understanding and attitudes from a senior level.

Do you regularly stay beyond your hours?



Have you ever exception reported?

